Steps For Painting Oak Cabinets Like a Professional

- Tape off walls and floor adjacent to cabinet frame
- Add rosin paper to floor tape and masking paper to wall tape.
- Remove cabinet knobs & pulls (Place in a gallon freezer bag)
- Remove cabinet doors and drawers
- Label all doors and drawers
- Remove hinges and label to match corresponding door*
- Take all doors out of kitchen to sand and finish
- De-grease doors, drawers and frames with TSP or Simple Green
- Sand existing lacquer off of front and backs of doors, drawers and frames using 220-grit sandpaper
- Wipe down all doors, drawers and frames with Paso or Krud Kutter
- Caulk all joints and gaps in cabinets. Let dry.
- Apply BIN Shellac Primer. Let dry.
- Buff with 220-grit sanding sponge
- Apply 1 coat of Latex enamel paint to doors, drawers and cabinet frame. Let dry.
- Buff with 220-grit sanding sponge.
- Repeat with another coat of enamel paint. Let dry.
- Buff and repeat with another coat of paint if necessary.
- Re-hang doors and install drawers
- Reattach hardware (new or existing)

^{*} There is no need to label the hinges if you are replacing them